

Checklist: Things to do before you depart

1. Review Preparation for Rome materials on your application portal and the Preparations booklet

Section I: Spending Money

Be mindful of the exchange rate. Plan to have \$3500-\$4000 of spending money. Romers recommend using debit cards to access spending money. In case of ATM malfunction, students should also have a back-up method of payment in addition to their primary debit/credit card, such as another card or

Make sure you notify your bank that you will be traveling overseas, and contact them whenever you are traveling. Below are some viable options for money access on your travels.

ALL ACCESS VISA PREPAID CARD

An All Access Visa Card is similar to a Visa check card and

Section II: Health Care and Medications

Foreign travel and living overseas can provide special challenges and stresses. Medical care, including

Section III: Mail

MAILING LETTERS/PACKAGES TO ROME

Section IV: Computers & Textbooks

COMPUTERS/LAPTOPS

There are three computers in the map/tech room in the Campus Center basement and two in the library. The computers may be accessed 24 hours a day.

Students are encouraged to bring a laptop with them to Rome for academic purposes. While this is not a requirement, students without a laptop may find it more difficult to complete writing assignments.

Past students further recommend bringing an iPad/tablet or an iPhone/smartphone with you to Rome. These devices are small, compact and perfect for checking flights and email while traveling without having to lug around your computer.

The University is not responsible for lost, stolen or damaged property. Property insurance is strongly recommended. <https://www.nssi.com/>

WIRELESS LOCAL AREA NETWORK

The Rome Campus LAN (Local Area Network) currently provides wireless access in the campus center,

Section V: Telephoning Home

CELL PHONES

It is **required** that all students carry a cell phone that works overseas for contact purposes in an emergency. All devices should be equipped with a data package. Students may bring a phone configured for overseas from home, or may purchase a device when they arrive in Italy. Past students recommend getting an international phone plan with data, calls, and texts before coming to Rome.

1. **An Italian SIM card:** It will give you a local phone number. The major cell phone companies in Italy are: Vodafone, TIM and Wind. The important thing is to unlock your phone before you travel. Check with your provider that your phone is compatible for use overseas and have your provider unlock your phone for you. Then you pay monthly for unlimited calls, texting, and adequate data.
2. **An American International Plan:** Most American-based cell phone companies offer international options, so check with your provider.
3. **An Italian Phone:** Renting a cell phone is another option. A few companies from which students have rented in the past include: [Piccell Wireless](#) and [Cellular Abroad](#). Cell phones are also available for purchase throughout Europe as pay-as-you-go phones.
4. There are also many free applications that allow you to call, text, video chat, and message by solely using your Wi-Fi connection. A few of these free apps are [WhatsApp](#), [Voxer](#), [Viber](#), and [Textfree](#).

Luggage

Check with the specific airline you will be traveling with for up-to-date size and weight regulations for luggage. Most American based airlines allow you to check one 50lb bag free of charge but charge you for the second checked item, while most European airlines have strict luggage limitations and charge large tariffs for checked and carry-on luggage. Be sure to label your luggage clearly with your name, address, and phone number and with the address of the Rome Campus. We have provided you with luggage tags and cards with the Rome Campus address listed. Have the Rome Campus address card facing out for your outbound trip to Rome and on the return have your home address shown.

1-2 suitcases adequate for carrying 50lbs but easy to transport

School-sized backpack (some students recommend using this for weekend trips)

Big backpack/duffle bag for Fall/Spring Break, Greece trip, and other extended travel periods (you can either use this as your carry-on or pack it into one of your suitcases)

A small bag for going into Rome for the day is highly recommended - something to carry your water bottle, camera, book to read on the metro, sweater, anything you might buy, etc.

Purse (small, nondescript, and closes securely; it should have a zipper all the way across)

Important Documents

Make copies of all of your important documents and keep them in a safe place. Do not bring these copies with you while traveling as it is just another way for them to be stolen. Also leave a copy of these documents with your parents. You will need to carry your actual passport when traveling throughout Italy and Europe; however, when in Rome you may carry a photocopy. Note that if you are stopped by the police for whatever reason you must provide the original within 24 hours. (see Checklist on pg.1 for list of documents)

Electronics

Plug Adapters not converters. The voltage on campus and throughout Europe is 220V instead of the 110V in the USA. Only appliances with built-in electrical converters are allowed on campus. Please check the battery pack of your appliance to verify that it will convert the voltage properly. The University of Dallas is not responsible for damage to appliances.

An Italian or European plug adapter will need to be purchased in order to charge your appliances. Here is an example of a two-prong adapter you can purchase on [Amazon](#).

WHEN IT'S TIME TO PACK:

Check your airline website for the most up-to-date luggage requirements and baggage fees.

Check your itinerary online for time and gate information and any changes.

Carry all medication, important documents, valuables and currency in your carry-on bag, as well as at least one change of clothing in case your luggage is lost or delayed getting to campus.

Section VII: Airport & Rome Arrival

AIRPORT CHECK-IN:

Plan to check in 3 hours in advance.

If your flight is very early in the morning, check what time the gate opens for check-in.

Remember your passport and e-ticket itinerary.

Check your luggage all the way through to Rome.

ARRIVAL IN ROME

Once you land at FCO airport you will go through passport control. You **MUST** get your passport